

Brown Tib Belt (B3) - Taeguek 6, Yuk Jang

Turn to your left, Low Block

(Forward stance, left hand low block)

Close your hand, Front Kick, pull back, Outer Block

(Close left hand, Right leg front kick, pull back, L-shape back stance, left hand outer block)

Turn to your right, Low Block

(Forward stance, right hand low block)

Close your hand, Front Kick, pull back, Outer Block

(Close right hand, Left leg front kick, pull back, L-shape back stance, right hand outer block)

Left leg forward, Right hand Outer Chop

(Move left leg, forward stance, right hand outer chop)

Close your hand, Turning kick, Horse Stance, Left forward, Outer block, Punch

(Close right hand, Right leg turning kick, horse stance, left leg forward stance, left hand outer block, right hand punch)

Close your hand, Front kick, Punch

(Close your right hand, right leg front kick, forward stance, left hand punch)

Turn to your right, Outer block, Punch

(Move right leg behind, forward stance, right hand outer block, left hand punch)

Close your hand, Front kick, Punch

(Close your left hand, left leg front kick, forward stance, right hand punch)

Cross 1,2,3,4,5

(Pull back your left leg, cross block)

Right leg forward, Left hand Outer Chop

(Move right leg, forward stance, left hand outer chop)

Close your hand, Turning kick, "SHOUT" Horse Stance, Right leg behind, Low Block

(Close left hand, Left leg turning kick, horse stance, move right leg behind, forward stance, right hand low block)

Close your hand, Front Kick, pull back, Outer Block

(Close right hand, Left leg front kick, pull back, L-shape back stance, right hand outer block)

Turn to your left, Low Block

(Forward stance, left hand low block)

Close your hand, Front Kick, pull back, Outer Block

(Close left hand, Right leg front kick, pull back, L-shape back stance, left hand outer block)

Shift back right leg, Double Knife Hand Chop

(Move right leg, L-shape back stance, double knife hand chop to the left)

Shift back left leg, Double Knife Hand Chop

(Pull back left leg, L-Shape back stance, double knife hand chop to the right)

Shift back right leg, Push Block, Punch

(Pull back right leg, forward stance, left hand push block, right hand punch)

Shift back left leg, Push Block, Punch

(Pull back left leg, forward stance, right hand push block, left hand punch)

Stay there wait for "Paroh". *(Left Leg move forward and "Chun Bi")*

Basic Kick = Turning Kick, Reverse Kick x 6

Compiled by Raiders TKD Group